

2026 State Duals Wrestling Championships
Saturday, January 31, 2026 at Fryeburg Academy

	A North	A South	B North	B South
1.	Oxford Hills	Noble	Mt. View	Wells
2.	Edward Little	Massabesic	Dexter	Monmouth/Richmond/ Winthrop - Rangers
3.	Camden Hills	Sanford	Mattanawcook	Winslow
4.	Marshwood	Cheverus/Falmouth	Mt. Valley	Dirigo

1. Schedule – (Time tentative, as each round will begin when all teams are ready)
 - a. 9:00 am weigh in by team with all substitutes weighing in. Coaches will need to present to the head table the Match Date Minimum Weight Form.
 - b. 9:30 or earlier Coaches pre-meet meeting
 - c. 9:45 teams march into gymnasium
 - d. 9:55 National Anthem
 - e. 10:00 wrestling championship quarterfinals on four mats Class A
 - f. 11:00 wrestling championship quarterfinals on four mats Class B
 - g. 12:00 Class A championship semifinals and Class A consolation matches on 4 mats
 - h. 1:00 Class B championship semifinals and Class B consolation matches on 4 mats
 - i. 2:30 Class A and B championship finals 2 mats
 - j. 3:30 Awards ceremony